



Briardale Public School

November 2011



From The Principal's Desk.....

The fall Student Progress Report will be sent home on November 15th with all students in grades SK – 6. The purpose of the student progress report is to encourage early and ongoing communication between the home and the school as well as to inform you of how well your child is developing the learning skills and work habits we know are essential for student success.

You will see that all students in grades 1 – 6 will have comments about their progress in English, Mathematics, and, for students in grades 4 – 6, French. Other subject areas will be commented on at the teacher's discretion.

All parents/guardians will be offered an opportunity to engage in parent-teacher interviews for this report. Please complete the interview request form attached to this newsletter and return it to the school by Wednesday, November 16th.

CROSS COUNTRY

Cross Country is over for another year. Over 20 dedicated team members came out early in the mornings for more than a month to practise their long-distance running. They attended 2 regional meets and three runners went to the DSBN final on October 12th in Niagara Falls. Brendan C. placed 34th, Sarina L. placed 34th and Gracie J. placed 28th. Go Bulldogs! Thank you Mr. Laundry for assisting with this event.

All of the runners represented Briardale School very well at the meets, exhibiting outstanding effort and good sportsmanship. Team members were: Sarina L., Mackenzie M., Kieley P., Erin P., Paige P., Emaly A., Elena Y., Marshal B., Ethan C., Dustin N., Oreoluwa F., Brendan C., Colby R. Liam P., Katie M., Madeline W., Kaelen P., Caira H., Gracie J., Lichi C., Max P., Dylan V., Hawkin P.



REMEMBRANCE DAY



We will hold our Remembrance Day assembly on November 11th at 10:50 a.m. in the gym. Parents and community members are welcome to attend this assembly with our staff and students. We ask that all people attending please be on time to avoid interruption of presentations during this solemn occasion. We also ask that all people attending remove their hats and shut off their cell phones and other electronic equipment in respect of the brave Canadians we will be honouring. We will observe a moment of silence at 11:00 a.m. in memory and appreciation of the men and women that have served our country in the past and continue to do so today.

TIME TO CHANGE THE BATTERIES



Don't forget to set those clocks back an hour! Daylight Savings Time ends for 2011 on Sunday, November 6th – I hope everyone enjoys an extra hour of sleep! This is also a great time of year to remember to change the batteries in your smoke detectors. Keep safe!

UNICEF

Once again we had a very successful UNICEF fundraiser. We raised \$160.35.

Thank you to:

Ms. Gammage and the Grade 6 class for organizing the haunted house
All the parents who baked and helped at the bake sale.



VOLLEYBALL

The Boys' and Girls Volleyball Team are now practicing for the season. Girls play on Mondays and Wednesdays and boys play on Tuesdays and Thursdays.



GOOD NEWS ASSEMBLY

At our October Good News Assembly, the following students were recognized for their contributions to their classes and the school:

Briar H, Issac R-B, Alex Y, Brandon P., Sydney C, Adnan B, Sahara D, Sarah D, Emaly A, Andrew S, Mackenzie M, Dalylah T, Marshall B, Max P, Davis F.

We will continue to recognize the great work and attitudes of our students at the November Good News Assembly on Tuesday, November 29th at 2:45 p.m.

PLEASE HELP US

Mrs. Palmerino's class is in need of plastic grocery bags. If you have any extras at home, please send them to school with your child. Thank you.

PARENT TEACHER COUNCIL

Our next meeting will take place Tuesday, November 15 at 6:00 p.m. at the school. The minutes of each Council meeting are kept in the School Council folder in the front foyer across from the office.

SCHOLASTIC BOOK FAIR

This year's Scholastic Book Fair will be held in the school library from Monday, November 21st to Friday, November 25^h. This is a great time to add to your family's library or to purchase that special gift of reading for someone special. Proceeds from the Book Fair are used to add new materials to our school library. The Book Fair will be open Monday to Thursday from 8:30 a.m. until 4:00 p.m. and Friday from 8:30 a.m. until 2:30 p.m. Please support our library at this great event!

FREE DENTAL SCREENING

A Public Health registered dental hygienist is scheduled to visit our school on Wednesday, November 9, to provide dental screening to students in grades JK, SK, 2, 4 and 6.

During this time the registered dental hygienist will perform a visual inspection of each child to determine his/her dental needs. Parents will be contacted if their child requires immediate dental care. Public Health dental programs may financially assist children who do not have access to required dental care.



Please contact the Public Health dental program for any of the following:
If you do NOT wish your child to participate in the dental screening.

If your child is not in one of the targeted grades and you would like him/her to participate.

Call the Dental Health Information Line at 905-688-8248 or 1-888-505-6074 or email dental@niagararegion.ca



AN IMPORTANT MESSAGE ABOUT INCLEMENT WEATHER PROCEDURES

There may be times during the school year when inclement weather or other situations could cause transportation cancellations or school closures.

At times when student transportation has been cancelled and schools remain open, the decision of whether or not to have children in school on that day rests with the parent or guardian.

Should you decide not to send your child to school in the event that transportation is cancelled but schools remain open, or if your child is ill or late, please ensure that you call your child's school to inform them of your child's absence.

A key resource in any emergency is the DSBN Emergency Information form that you filled out at the beginning of the school year. Please let the school know of any changes in contact information or procedures you wish to be followed throughout the school year.

For secondary schools it may become necessary to cancel late buses. Notice will be provided via school announcements and on the websites and subscription features by 11:30 a.m.

Information about transportation cancellations and school closures will be available as soon as it is available through the following channels:

Websites:

www.dsbn.org

www.nsts.ca

**Subscription Features:**

DSBN Facebook or Twitter
NSTS Transportation Delay or Cancellation Alerts

Phone:

Niagara Student Transportation Services 905-346-0290 Voice Auto Attendant

Radio Stations:

CKTB (610 AM) St. Catharines	CHRE (105.7 FM) St. Catharines
WAVE (94.7 FM) Hamilton	CHTZ-FM (97.7 FM) St. Catharines
CKOC (1150 AM) Hamilton	CKEY (105.1 FM) Niagara Falls/Fort Erie
CHML (900 AM) Hamilton	K-LITE-FM (102.9 FM) Hamilton
CHAM (820 AM) Hamilton	GIANT FM (91.7 FM) Welland
Y-108(107.9) Hamilton	

Television Stations:

CH – Hamilton
CityTV Breakfast Television
CTV Toronto
Cogeco Channel 10

Energy Drinks...What's All the Hype?

Energy drinks often make big promises. Some say they'll increase energy and alertness, and some even claim to boost athletic performance or powers of concentration. But if you cut through the hype and look past the flashy packaging, chances are you will find a stiff dose of side effects like jitteriness, upset stomach, headaches, and sleep problems – all of which drag you down, not power you up! Caffeine may also cause the body to lose calcium, and that can lead to bone loss over time. Some energy drinks pack a whopping 200 mg caffeine (or more)! Health Canada states adults should have no more than 400 mg per day and children aged 7-9 should have no more than 62 mg caffeine per day. In addition to caffeine and sugar, some brands of energy drinks have other ingredients such as guarana (a source of caffeine) and taurine (an amino acid thought to enhance caffeine's effect). Some contain herbal supplements such as ginseng. At about \$3 a can, you can get a better (and cheaper) energy boost by eating a whole-wheat cheese sandwich. The bottom line is, the best energy boost comes from healthy living. Children who eat well, drink water, and get enough physical activity and rest will have plenty of energy – the natural way. For more information visit www.eatrightontario.ca.